

Bellevue Oral and Maxillofacial Surgery

IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA

You will always be given local anesthesia for your surgery, but you may choose any of those listed below as a supplement. Each choice requires different preparation on your part and for your safety it is important that you read and follow the instructions carefully. If you are unclear about anything, please ask your doctor.

If you were ill in the 6 weeks prior to your procedure, please call to discuss whether you need to reschedule your appointment.

For all surgery, please wear comfortable, loose fitting clothing. Tops/shirts should have sleeves that are easily drawn up above the elbow, and all nail polish should be removed before surgery. If you are pregnant or if there is a possibility you may be pregnant, please inform your provider immediately. If you smoke, please refrain from smoking for 24 hours prior to your appointment.

Please arrive on time for your appointment. Failure to comply with arrival times noted below may result in a need to reschedule your appointment.

If you are going to use:

- **LOCAL ANESTHESIA**
 1. **ARRIVE 15 MINUTES PRIOR TO YOUR APPOINTMENT**
 2. Have a light meal a few hours prior to surgery.
 3. For more extensive procedures, you may wish to have someone drive you home.
 4. Plan to rest for a few hours after surgery.

- **NITROUS OXIDE**
 1. **ARRIVE 15 MINUTES PRIOR TO YOUR APPOINTMENT**
 2. You may have liquids only for the four hours before your procedure.
 3. Plan to rest for the remainder of the day.

- **INTRAVENOUS ANESTHESIA/SEDATION**
 1. **ARRIVE 30 MINUTES PRIOR TO YOUR APPOINTMENT**
 2. ***Nothing to eat or drink for eight (8) hours prior to your appointment except for water, which you may drink until 2 hours prior to your appointment.***
 3. Take medications that you discussed with your health care providers with a sip of water. Diabetics need to discuss alteration of medication regimen with the doctor to allow for this eight hour fast.
 4. You **must** have a responsible person accompany you to the appointment, remain in the waiting room throughout the entire procedure, and drive you home after the surgery.
 5. Plan to rest for the remainder of the day. Do not drive, DRINK ALCOHOL, operate power tools or machinery, etc. for 24 hours after surgery.
 6. Contact lenses should not be worn.

- **ORAL PREMEDICATION**
 1. Take the medication at the time directed before your surgery.
 2. Follow instructions for any additional anesthesia chosen.

- **OTHER SPECIAL INSTRUCTIONS AS DIRECTED BY THE DOCTOR.**

Our goal is to provide you with a safe, pleasant and effective anesthetic. In order to do this, it is imperative that we have your full cooperation. Please feel free to call us with any questions concerning your surgery or anesthetic.